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**Yes! I want to make a gift today
to give support to New York
families and individuals impacted
by mental illness.**

- ☐ \$5,000.00 - Supports 10 family members in our signature Family-to-Family class.
- ☐ \$2,500.00 - Provides Helpline support to family members assisting those with mental health challenges.
- ☐ \$1,000.00 - Helps expand support groups such as Black Minds Matter and Wellness Chats.
- ☐ \$500.00 - Connects parents, family members, and caregivers to new mentors through Family Match.
- ☐ \$100.00 - Ensures participants can attend one of our Saturday Social support groups.

Contact information:

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☐ Enclosed is my check made payable to "NAMI-NYC"
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