



**NAMIWalks NYC Day of Information  
May 20, 2023**

If you have questions, feel free to contact:

Emma Schorr

[eschorr@naminyc.org](mailto:eschorr@naminyc.org)

**NAMIWalks Your Walk NYC Mental Health Street Fest Schedule**

**Where: The Seaport, Manhattan**

**When: Saturday, May 20, 2023**

**Timing: 10:00am-2:00pm**

**10:00-11:00am – Check-in/Registration, Street Fest opens**

**10:45-11:15am –NAMIWalks NYC Warm up and Opening Ceremony**

**11:15-11:25am 3K Walk Begins**

**2:00pm Street Fest closes**

Join us for a fantastic community day that raises funds needed to ensure that New Yorkers are able to access NAMI-NYC's life changing mental health support services for families. In addition to walking, we have plenty of ways to reconnect with the NAMI-NYC community:

- Artists who will be creating mural projects live during the event
- Picture stations for you to take pictures with your team
- Fitness and meditation sessions!
- Fun family and kid-friendly activities including a mini kids mural, face painting, a pet therapy zone, and balloon animals.
- Topping off the day, we will have an ice cream truck to refuel and refresh everyone after the big day!

**All Walkers are required to be registered. Walkers may register in advance online at [www.namiwalksnyc.org](http://www.namiwalksnyc.org) or register in person on the day of the walk. You will need to show proof of registration at Check-in.**

**Registered Online?** Use your mobile phone to show us your entry ticket that will be sent to your email both Friday and Saturday!

**Not Registered Online, or bringing some friends?** No worries! You can register at the event. **Everyone is welcome to come and walk on Saturday!**

**Cash or checks donations to turn in?** No problem, bring them with you to the walk and turn them in. Checks can be made out to NAMI-NYC, or The National Alliance on Mental Illness of NYC.

**Location:** South Street Seaport Promenade - located at the intersection of South and Fulton Streets. **Use the address 89 South Street, NY, NY 10038 or click [here](#) for a map to the site.**

**Transportation:** Take the 2, 3, 4, 6, A, C, J, or Z to Fulton St., the E to World Trade Center, or PATH to World Trade Center.

**Parking:** There are pay-parking lots within a three block radius of the Seaport.

**Bring:** A light jacket, sun screen, hat and umbrella (if it looks like rain) - we are walking rain or shine!

**T-Shirts:** Every walker who raises \$100 or more will be able to pick up their walk t-shirt at the event.

**Walk Stars:** Every walker who raises \$1000 or more will be able to stop by the Walk Star VIP Tent to pick up their gift bag and limited edition t-shirt.

**Accessibility:** The walk is stroller and dog-friendly.