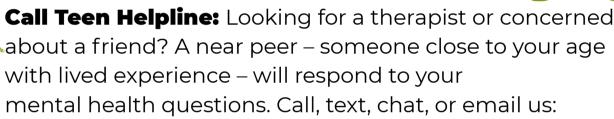




## MENTAL HEALTH PROGRAMS FOR TEENS



- 212-684-3264
- helpline@naminyc.org
- naminyc.org/helpline

Join Connection Corner (Teen Support Group): During this virtual support group for teens ages 14-18, discuss what's on your mind and how to get the support you need.

Wednesdays, 7-8 PM (starting May 21) or Thursdays, 5:30-6:30 PM

**Be A Leader:** What do young people need to thrive? Help us develop NAMI-NYC's teen programs.





Click FIND SUPPORT and FOR TEENS on the dropdown menu

For any questions, e-mail youthsupport@naminyc.org