

**FREE!**

# CONNECTION CORNER (TEEN SUPPORT GROUP)



**Zoom link to join  
Wednesday, 7-8 PM and  
Thursdays 5:30-6:30 PM**

- A new virtual support group for teens ages 14-18 living with mental health challenges.
- Facilitated by other young people close in age who understand.
- Find support and community.



**[www.naminyc.org](http://www.naminyc.org)**

Click **FIND SUPPORT** and  
**FOR TEENS** on the dropdown menu

For any questions, e-mail [youthsupport@naminyc.org](mailto:youthsupport@naminyc.org)